

Growing in Wisdom and Discernment

But solid food is for the mature, for those who have their powers of discernment trained by constant practice to distinguish good from evil.

Hebrews 5:14

As Christians, we need to grow in discernment, so that we may understand God's will, obey Him (Romans 12:2), and to distinguish truth from error in the myriad of "Christian" materials available today.

We grow in discernment by study God's Word primarily. We also need to be growing with other believers, especially other mature Christians to help newer believers grow in discernment.

Resources to grow in discernment:

- The Bible (primary source)
- Good books- old and new
- Good blogs from trusted sources
- Sermons from trusted pastors
- More mature Christians and church leaders who can help you distinguish good content from bad

Bible Study Resources

- *The ESV Study Bible*
- *The Moody Bible Commentary*
- *Bible Doctrine by Wayne Grudem*

Good Blogs to Read

- Tim Challies (<http://challies.com>)
- Desiring God (<http://desiringgod.org>)
- The Gospel Coalition (<http://tgc.org>)

Do not neglect the local church in your spiritual growth journey. God has raised up godly and mature leaders to help you grow in discernment and to teach you the Word of God.

Bible Teaching from Trusted Pastors

- *Grace to You* (John MacArthur)- Dr. MacArthur spent decades teaching through the entire New Testament one verse at a time. Select key passages/messages or click on the "stream" option.
- *Truth for Life* (Alistair Begg)- years of great Bible teaching.
- *RefNet*- An internet radio station run by Ligonier Ministry (RC Sproul) with 24/7 content stream

Biblically sound women authors and speakers

- Jen Wilkin
- Nancy DeMoss Wolgemuth (*Revive Our Hearts*)

Great Books to Read by Biblically Solid and Trusted Authors

- *The Holiness of God* by RC Sproul
- *Core Christianity* by Michael Horton
- *The Disciplines of Grace* by Jerry Bridges
- *The Pursuit of Holiness* by Jerry Bridges
- *Spiritual Disciplines for the Christian Life* by Donald Whitney
- *Taking God at His Word* by Kevin DeYoung
- *Pilgrim's Progress* by John Bunyan (be sure to get a modern English version)